

TACTIC



CENTRE

CONTACT:

Sessions by appointment only.

We accept self referrals as well as referrals from professionals, subject to the needs of the young person and the availability of a Youth worker Mentor

Contact TACTIC for initial chat and referral form



01525 373838



tactic@leightonlinlade-tc.gov.uk



TACTIC



www.tactic-centre.co.uk



TACTIC

MENTORING

SUPPORT

Ages 12—19yrs



**17 HOCKLIFFE STREET
LEIGHTON BUZZARD
LU7 1EZ**



ABOUT US

TACTIC (Teenage Advice Centre—Teenage Information Centre) is a specialist young persons service for 12—19 year-olds in Leighton Buzzard.

Young people can gain free mentoring support and information on a variety of issues to include:

- ♦ Anxiety and emotional wellbeing
- ♦ School and college support
- ♦ Friendship's and relationships
- ♦ Employment
- ♦ Drug related problems
- ♦ Risky Behaviour
- ♦ Sexual Health
- ♦ Managing Anger
- ♦ Bullying
- ♦ Family / relationship changes
- ♦ Sexual Orientation (LGBTQ+)



WHAT IS MENTORING

Tactic offer 1-1 support for young people who may benefit from talking to a Youth worker.

Our Youth worker Mentors are positive role models who can help to inspire, encourage and guide young people to achieve their potential.

They offer personalised one-to-one support to help improve young people's lives.

Need some support ?

Need a chat ?



Help is at hand