## TACTIC





### CONTACTE

Call us or pop in TACTIC for more information





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**TACTIC** 



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### ABOUT US

TACTIC (Teenage Advice Centre— Teenage Information Centre) is a specialist young persons service for 12—19 year-olds in Leighton Buzzard.

Young people can gain free information and support on a variety of issues to include:

- Anxiety and emotional wellbeing
- School and college support
- Friendship's and relationships
- Employment
- Drug related problems
- Risky Behaviour
- Sexual Health
- Managing Anger
- Bulling
- Family / relationship changes
- Sexual Orientation (LGBTQ+



# SERVICES AVAILABLE C-CARD SCHEME

The c-card scheme is aimed at young people between **13–19 years** who can register to get a range of free condoms, information and support.

The aim of the service is to promote reproductive and sexual health and help young people to access local



#### FREE CHLAMYDIA SCREENING

Confidential screening results sent directly to you.



#### **PREGNANCY TESTING**

Confidential free service that provides you with the space to talk to one of our Youth Workers in confidence.



### **RED BOX PROJECT**

The Red Box Project is a community-based, charity, which aims to support young people throughout their periods by providing red boxes filled with free period products.

