

CONTACT:

For more information please contact :

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TACTIC



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Charges

TACTIC offer 3 sessions free of charge.

Any future sessions will be charged at £30 PH.

*Please note: workshops for class/ group sizes and can be adapted to suit your year group or specific topic.

All sessions are run by qualified professional Youth workers employed by Leighton Linslade Town Council



TACTIC

SCHOOLS

OFFER

**workshops for
students aged
11 - 18 years**



Teenage Advice and Information Centre



Workshop	What is it about?
Alcohol	Understanding the consequences of Alcohol
Anger	Understanding anger and how to deal with it.
Anxiety	Understanding anxiety
Bullying	Why do people bully and what to do?
Consent	What is the meaning of consent?
CSE +Cyber exploitation	What is CSE & Cyber exploitation and what can you do.
Drugs	Why do people take drugs and how you can help?
Domestic violence	What to do if you are suffering or know someone is his being abused.
Gaming	Is gaming bad for you? Good and bad

All workshop sessions are 1 hour long and include PowerPoint presentation handouts and discussion time

Workshops can be 'tailor made' to suit the school and the current issues that need addressing.



Workshop	What is it about?
Gangs/ County lines	What are county lines and how to stay safe
Mental health	Understanding different types of mental health
Risky behaviour	What is risky behaviour?
Self-injury	Understanding self- injury and help available
Suicide	Myths and facts on suicide and where to get help
Sexual Health	What is sexual health?
Social Media	Being safe online!
Eating disorders	What are eating disorders and how to deal with them

