

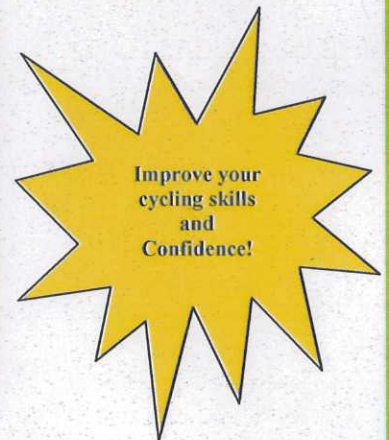
# BIKEABILITY FOR THE COMMUNITY



## Biking is FUN FAST FIT and FREE



Families,  
individuals,  
any age from  
9 upwards  
can join!



Improve your  
cycling skills  
and  
Confidence!

### DETAILS

**Venue:** Cedars Upper School, Leighton Buzzard

**Date:** Saturday 3<sup>rd</sup> March 2012

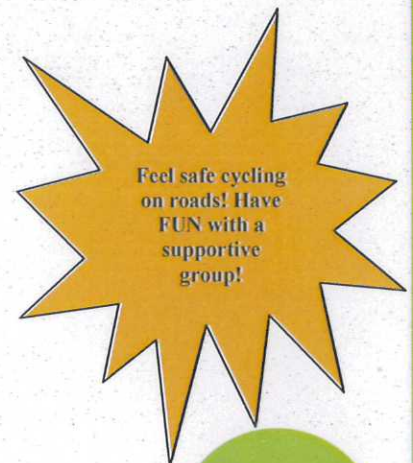
**Times:** 9.00 – 3.30 pm

**Cost:** £10 per person

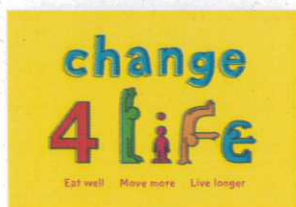
FOR MORE  
INFORMATION OR TO  
BOOK A PLACE CALL:  
**0300 300 5125**  
ONLY 10 SPACES

#### Requirements:

- Use of your own bike.
- Able to control your bike.
- Must be 9 upwards!



Feel safe cycling  
on roads! Have  
FUN with a  
supportive  
group!



Central Bedfordshire Council  
[www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)